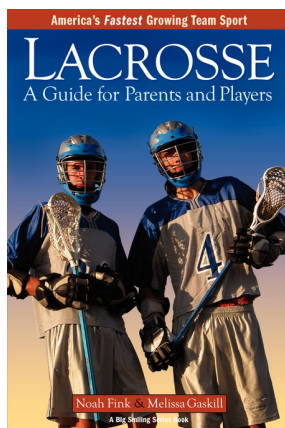


FACT SHEET

“A Complete Guide to America’s Fastest Growing Team Sport.”



Lacrosse: A Guide for Parents and Players

Noah Fink & Melissa Gaskill

Paperback: ISBN 1932421076; ISBN13 971932421071; \$24.95; 6x9 inches; 180 pages; Library of Congress CIP Data and Index included
Publication date: **Nov 2006**

Availability: Wholesale distribution through Ingram, Baker & Taylor, Gazelle (Europe). Retail availability through leading online retailers; chain and independent bookstores; lacrosse retailers and catalogs. Go to MansionGroveHouse.com for a current list of retailers.

About This Book: Lacrosse is America’s fastest growing team sport. Action-packed and fun, lacrosse is a game anyone can play - the big and small, boys and girls. Lacrosse offers a positive outlet, a place to fit in at school, motivation to excel, and opportunities for team travel. Lacrosse can even potentially mean money for college, and can influence career choices.

- ❖ How to Get Started In Lacrosse
- ❖ Game and Rules Made Simple
- ❖ Find The Right Team for Your Son or Daughter
- ❖ Motivate Players as They Move Up
- ❖ Pick the Right Gear and Save
- ❖ Prepare for Lacrosse College Years
- ❖ Gain Insight into Lacrosse Organizations and Championships

Whether your kid is 8 or 18, experienced or just starting, this book is the complete guide to all that lacrosse has to offer. Empower yourself with practical answers and unique ideas, whether you are new to lacrosse or once were a player. Make lacrosse an exhilarating part of your family life!

Meet The Authors: **Noah Fink** played collegiate lacrosse at Bucknell University and is now the head lacrosse coach at the University of Texas. In his three years, the team has won the Lone Star alliance twice and represented the league in the National Tournament. He went to graduate school at the University of California, San Diego and began his coaching career there, for the Torrey Pines and Coronado High School lacrosse teams. Noah actively supports the growth of lacrosse in his local community and runs youth leagues.

Melissa Gaskill, parent of three active children, has served as coach, volunteer and fan for various youth sports, including lacrosse. A prolific professional writer, Melissa shares her experiences with readers for national publications such as Family Fun and The Nature Conservancy, as well as in many regional publications. She wrote a weekly parenting column, The Children’s Connection, for six years.

Interviews for the media and club newsletter; speaking engagements; and support for your next Lacrosse event, fund-raiser, club & community activity: Noah and Melissa reside in Austin, Texas and can be contacted at

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Reviews: “Simply terrific, with specifics on what lacrosse is all about and how to nurture young athletes.”

JILL ALBEE, player, University of New Hampshire, 2nd Team America East All-Conference

“Lacrosse has been a powerful experience and important influence in my life. I’d encourage any kid to give it a try.”

SCOTT HOCHSTADT, 3 time All-American player; Coach of the San Francisco Dragons, Major League Lacrosse

“This book will help make lacrosse an exciting experience for your entire family.”

JEFFERSON GRIMES, parent of All-Star Team youth player

“I found this book as enjoyable to read as I find lacrosse is to play!”

JUSTIN SMITH, professional player, Philadelphia Barrage; 3-time NCAA College Champion; Division III Player of the Year

“As the mom of three kids, two of them lacrosse players, I am very impressed with the suggestions on how to cope with the highs and the lows that kids go through when playing lacrosse or any sport.”

KIM COFFEY, parent, Austin, Texas

“Noah and Melissa show how parents and coaches can have a positive influence on young athletes who are playing lacrosse as well as other sports.”

SCOTT AUBIN, lacrosse player and coach

Media Contact

A copy of your feature / review to the address below would be appreciated. For review copies of the book, high-resolution cover images and other media needs contact:

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Downloadable Media Kit, High-Resolution

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